



SPRED REFLECTION WEEKEND 2025

Dear SPRED Catechist,

You are cordially invited to join us for the 2025 Reflection Weekend. This is a perfect post-holiday / New Year's opportunity to lay your burdens down for a while and rest in the tranquil environment at the Carmelite Spirituality Center.

On the weekend, we take time to explore a personal life experience and weave our reflection into SPRED's symbolic style as we develop a deeper understanding of the mystery alive in our Celebration Spaces every week.

Saturday evening, we prepare and celebrate Eucharist together using SPRED enhancements with joy at the heart of our communion.

We encourage you to consider giving yourself the opportunity to get away and connect with others who share the SPRED ministry.

Arrive: Friday, January 10th, 2025– 7 to 8:30pm (refreshments provided)
Depart: Sunday, January 12th, 2025 at 2pm

[Carmelite Spiritual Center](#)

8419 Bailey Road (Frontage Rd.) Darien, IL

Located just off the 273B exit of I-55, 20 miles southwest of Chicago.

The Center provides:

- Comfortable single and double rooms with full bath
- 5 Meals over Saturday and Sunday
- Inviting gathering spaces and grounds to explore.

The total cost for the weekend is \$290.00

If you wish to share a room, the cost is \$275.00.

We may receive a partial subsidy again this year.

Julia Hess, SPRED Coordinator

SPRED Reflection Weekend Facilitator & the Reflection Weekend Team

Email: jhess@archchicago.org

Phone: 773-539-7510